

EXPERIENCE THE POWER OF LIGHT

Healing with Light - Bimonthly Seminars

August program 30th 2019 1.00 -2.30pm

'Improving Memory with Light'

September Program 13th & 28th 2019

2.00 - 3.30pm. £20/seminar

'Shedding Light on Depression'

'Managing Migraine with Light'

@ The Holistic Centre, Bridge Street, Godalming, GU7 1HL

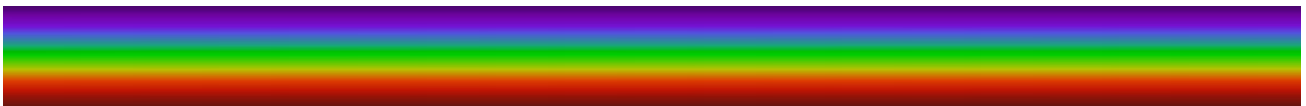
Experience How Light Heals

Light and the rainbow of colour that fills our lives with beauty, is also a secret medicine chest filled with every possible remedy for our wellbeing. We know innately that a holiday filled with blue skies and sunshine is the perfect antidote to all the stresses of the winter.

But did you know that light is able to heal much more than winter blues?

Light heals jaundice in new-born babies - why would it not also heal adults?

Denise will discuss how specific frequencies of light shone through the eyes or on the body are the fastest way to reset our nervous systems and begin a cascade of repair and regeneration. Time will also be given to questions on specific cases from the audience.



Denise Hadden is a pioneer in Light & Field Therapy, an optometrist, author and Life Coach. She is an international speaker known for her work on field awareness and how this integrates with light, vision, creativity, consciousness and the expansion of human potential. She has published two books, *New Light on Fields* and *Coaching the Invisible Fields*, which are available directly from Denise.

For private sessions, please contact Denise at 07943357174 or light@denisehadden.com
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