

**ENERGY HEALING AFTERNOON AT THE HOLISTIC
CENTRE,
THE BARN, WIGGINS YARD, BRIDGE STREET,
GODALMING, GU7 1HL**

**Sunday 14th April-Energy Healing Afternoon.
Reiki Share and Essential Oils For Holiday and Travel 2.30-5.30 pm**



£10 on the door or book in advance to receive a free gift.

2.30-3.00 Welcome, Relaxation and Short Meditation

3.00-4.30 Introduction to Essential oils: how to use them safely and effectively for emotional, physical wellbeing and relaxation. Recommended essential oils for holiday and travel. An opportunity to try out DoTERRA's beautiful, certified pure, therapeutic grade (CPTG) essential oils.

4.30-5.30 Reiki and Rahanni Celestial healing sessions. 15 min sessions to balance your chakras, aid sleep and ease discomfort and stress.

FREE hand-held Itovi scan to determine the best products for you. Results in minutes.

FREE oil sample given at each class. Drinks, vegan snacks and chocolates provided.

R.S.V.P Kim Hale Email: giftoftheearth.kim@gmail.com or 07900 996883 or book through Eventbrite.

